



# Eastern Local High School Lunch Menu MAY 2024



Director of Food and Nutrition:  
Kim Jeffreys  
EasternLocal@ThenutritionGroup.biz

## The Grille

One or more may be offered daily:  
Hamburger on Bun  
Cheeseburger on Bun  
Chicken Patty on Bun

## Accompaniments

\*Must take at least one 1/2 cup of fruit or vegetable

\*Vegetable Bar May Include: \*Fruits may include:

- Broccoli Florets
- Baby Carrots
- Dark Leafy Greens
- Legume Salads
- Celery & Cucumber

- Crisp Apple
- Sliced Peaches
- Mixed Fruit
- Fresh Orange
- Banana
- Pineapple Tidbits
- Diced Pears
- Applesauce

## Grab & Go

### Coming Soon!!

Lunch Prices: Paid \$3.00

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

**MENUS SUBJECT TO CHANGE**

Monday	Tuesday	Wednesday	Thursday	Friday
--------	---------	-----------	----------	--------

		1 Corn Dog on Stick Baked Beans Tossed Salad Assorted Fruit Fat Free Milk	2 Chicken Caesar Salad Steamed Peas Assorted Fruit Fat Free Milk	3 School Made Cheese Or Pepperoni Pizza Corn Assorted Fruit Fat Free Milk
6 Korean Meatballs over Rice Steamed Broccoli Assorted Fruit Fat Free Milk	7 Buffalo Chicken Wrap Black Bean & Corn Salsa Assorted Fruit Fat Free milk	8 Open Faced Turkey Sandwich w/ French Fries and Gravy Green Beans Assorted Fruit Fat Free Milk	9 Chicken nuggets Mashed Potatoes w/ gravy Dinner roll Assorted Fruit Fat free Milk	10 School Made Cheese or Pepperoni Pizza Steamed Peas Assorted Fruit Fat Free Milk
13 Cheeseburger on bun French Fries Assorted Fruit Fat Free Milk	14 Walking Taco w/ L,T,CH Refried Beans Steamed Corn Assorted Fruit Fat Free Milk	15 Honey Mustard Turkey Wrap w/ lettuce and tomato Raw Veggies w/Ranch Assorted Fruit Fat Free Milk	16 Chicken on a Biscuit Tater Tots Assorted fruit Fat Free Milk	17 School Made Buffalo Chicken Pizza Cooked Cauliflower Assorted Fruit Fat free Milk
20 <b>COOK'S CHOICE</b>	21 <b>COOK'S CHOICE</b>	22 <b>COOK'S CHOICE</b>	23 <b>COOK'S CHOICE</b>	24
27	28	29	30	

## The Deli

Craving something different?

Assorted Salad Sandwiches and Wraps available instead of the hot entrée.

## The Garden

Watch for a new and improved Salad Bar!

Coming Soon.

## Milk

**Milk Choices Offered Daily:**  
1% white, non-fat white, non-fat flavored

Proud to manage your food service program



**Whole Grains Available Daily**

**MENUS SUBJECT TO CHANGE**